	HR PHONE DIRECTORY	ø
	All Employees	
Benefits Center: Eligibility, enrollment, or cost of: Medical, Dental, Rx, Vision, FSA, Commuter, STD, LTD, Life/AD&D	www.MyFairPointBenefits.com	800.964.0147
FairPoint Employee Service Center	EmployeeServiceCenter@Fairpoint.com	866.925.3486
COBRA Administration: Benefit Concepts	www.avantserve.com	866.629.6379
<b>Disability:</b> TOPS / MetLife	www.topsabsence.com/fairpoint	877.307.9675
Long Term Care: Genworth Username: fairpoint Password: groupltc	www.genworth.com/groupltc	800.416.3624
Employee Assistance Program (EAP)	www.achievesolutions.net/fairpoint	866.723.4332
Medical: CIGNA (Open Access Plus/Carelink)	www.CIGNA.com	800.244.6224
Medical: Blue Cross Blue Shield NC (Blue Card)	www.bcbsnc.com	877.258.3334
<b>Dental:</b> CIGNA (The Radius Network)	www.CIGNA.com	800.244.6224
<b>Vision:</b> Davis Vision	www.davisvision.com	800.999.5431
VSP Vision	www.vsp.com	800.877.7195
Medco Pharmacy	www.medco.com	800.711.0917
Flexible Spending Account (YSA)	www.MyFairPointBenefits.com Your Spending Account	800.964.0147
Employee Portal -		

HRONLINE	http://fairshare.fairpoint.com/hronline			
NNE ~				
401(k) Retirement:				
Fidelity Investments	www.401k.com	800.835.5095		
Auto and Home				
Personal Lines of				
Insurance: Liberty				
Mutual, MetLife,				
Travelers	FairPoint Group Auto & Home website	888.299.9220		
Health & Fitness: Global				
Fit	www.globalfit.com	800.294.1500		
Telephone Concessions:				
-				
Wells Fargo	*	888.824.0924		
Time Off Planning				
System (TOPS)	www.topsabsence.com/fairpoint	877.307.9675		
Tuition Assistance:				
CAEL	http://tamsonline.org/FPTAP	866.518.2235		
TELECOM				
401(k) Retirement:				
Diversified Investments	www.divinvest.com	800.755.5801		
Time Off Planning				
System TOPS (TELECOM				
- FMLA & STD ONLY)	www.topsabsence.com/fairpoint	877.307.9675		

## Got Questions? Need Assistance?

For more Human Resources information, check out the **Human Resources** website on the Employee Portal or contact us at the Employee Service Center by calling

866.925.3486 or emailing <a href="mailto:EmployeeServiceCenter@fairpoint.com">EmployeeServiceCenter@fairpoint.com</a>.

Thank you.